

## 昆山提招英语模拟卷（七）

## 第二部分 阅读 (共两节, 满分 50 分)

## 第一节 (共 15 小题; 每小题 2.5 分, 满分 37.5 分)

阅读下列短文, 从每题所给的 A、B、C、D 四个选项中选出最佳选项。

## A

Here are four clubs for students exploring varied interests.

**New Media Academy (NMA) Club**

NMA Club is an opportunity for not only NMA students but everyone on campus to understand film animation (动画制作) and editing. We film events and do lots of coverage so that we can have memories for years to come. NMA Club welcomes all students who desire to become skilled film-makers and animators.

**Fashion Club**

Fashion Club was created to educate the future generation of leaders on style and culture, and to unite communities and students within the school. The club will not only provide classroom education, but also allow students to have one-on-one experiences to develop the artistic skills needed in the fashion industry. In addition, it will provide opportunities for community-building and team-building exercises.

**Music Club**

Music Club's goal is not only to teach music-related subjects, but also to help students create new friendships and have a voice and place at Hollywood High School. This club will explore various topics, but it will mainly focus on music history, different types of music, and well-known musicians. It aims to provide an ideal environment for students to develop creativity.

**UNICEF Club**

The purpose of Hollywood High's UNICEF Club is to promote a movement based on the belief that everyone has a role to play as the voice for children everywhere. Our UNICEF Club will ensure that students have a unique opportunity to engage members of their community in global humanitarian efforts through fundraisers and meetings to raise awareness about the causes and effects of child poverty.

1. Who is *NMA Club* most suitable for?

- A. Students gifted at blog writing.
- B. Students interested in news reporting.
- C. Students desiring to become film stars.
- D. Students excited about animation production.

2. What can we learn about Music Club?

- A. It delivers individualized guidance.
- B. It provides free musical instruments.
- C. It presents a chance to meet famous musicians.
- D. It offers a stage for students to develop creativity.

3. Which club enables students to help poor children?

- A. NMA Club.
- B. UNICEF Club.
- C. Music Club.
- D. Fashion Club.



## C

The first low-altitude (低空) airway connecting Kunshan in East China's Jiangsu Province with downtown Shanghai officially opened on Monday, enabling "direct air access" across provincial-level regions, over the Yangtze River and into the city center in just 20 minutes.

The "Kunshan-Yangpu" helicopter (直升机) service marks the first intercity low-altitude airway reaching downtown Shanghai, offering rapid aerial access and creating a new travel model that combines public transportation, sightseeing and transfers (换乘).

Luo Jun, director of the China Low Altitude Economic Alliance, said that the current regional low-altitude flights are mainly aimed at gaining experience and testing models, making preparations for future regular low-altitude operations. He assumed that the section is expected to enter a faster development stage over the next two to three years.

Unlike other low-altitude airways, a highlight of this service is its support for "night flights". Passengers can start from Kunshan in the evening and enjoy great night views of the Shanghai-Kunshan twin cities.

Shanghai has been actively developing its low-altitude economy since 2024. According to an action plan for **fostering** local low-altitude economy, the city aims to build by 2027 a complete industrial system covering research, development, design and airworthiness testing of new low-altitude aircrafts.

The plan visualizes Shanghai as a leading center for novelty, application and operational services in the low-altitude economy, with the industry worth expected to top 50 billion yuan, positioning the city at the forefront of global novelty in this aspect, said the action plan.

Luo pointed out that the development of the low-altitude economy still faces some challenges at present. "However, even with these difficulties, the direction is clear and the future is promising," he said.

8. What sets "Kunshan-Yangpu" airway apart from other low-altitude ones?

- A. Its flight speed.                      B. Its development.                      C. Its night service.                      D. Its action plan.

9. What does the underlined word "fostering" in Paragraph 5 refer to?

- A. Promoting.                      B. Studying.                      C. Controlling.                      D. Recovering.

10. What is Luo Jun's attitude towards low-altitude economy?

- A. Concerned.                      B. Positive.                      C. Negative.                      D. Doubtful.

11. What can be a suitable title for this text?

- A. Low-altitude economy helps Shanghai make profits  
B. First low-altitude airway to Shanghai starts operation  
C. New airlines improve the convenience of transportation  
D. A plan for fostering low-altitude economy was announced

## D

Hit the gym, even if it's for just two days. Limiting workouts to weekends does not mean you will be missing out on the cognitive (认知的) benefits. New research reveals that "weekend warriors (战士)" enjoy cognitive benefits comparable to regular gym goers. The term "weekend warrior" describes a pattern of physical activity limited to just one or two tough training periods per week.

Recent findings published in the British Journal of Sports Medicine offer a more convenient target for those with busy schedules. They suggest that weekend warrior workouts can reduce the risk of mild dementia (痴呆), with similar results to regular exercise.

Researchers based their findings on two surveys of more than 10,000 adults from the Mexico City Prospective Study. The study subjects had an average age of 51. The questionnaires examined whether subjects exercised or played sports, as well as the frequency: how many days per week and for how many minutes. Based on their responses, subjects were divided into groups: those who did not exercise, "weekend warriors", those regularly active three or more times per week, and a combined group of weekend warriors and regularly active exercising.

During the second survey, subjects' cognitive drop was also assessed using the Mini-Mental State Exam (MMSE), with a total score of 30. When mild cognitive impairment (损伤) (MCI) was set as an MMSE score of 23 or below, 2,856 cases were found. "Compared with the non-exercisers, weekend warriors were 13% less likely to develop MCI, while the regularly active and those in the combined group were 12% less likely to do so. The results were similar for both men and women," a researcher stated.

This means that 13% of mild dementia cases might be avoided if all middle-aged adults exercised at least once or twice a week. The researchers suggest their findings are important for public health because the weekend warrior physical activity pattern may be a more convenient option for busy people.

12. How are subjects mainly grouped in the study?

- A. By age.
- B. By health condition.
- C. By sport type.
- D. By exercise frequency.

13. What is the purpose of Paragraphs 3 and 4?

- A. To introduce MMSE and MCI.
- B. To entertain readers with stories about the subjects.
- C. To describe the process and the results of the research.
- D. To persuade readers to adopt a specific exercise pattern.

14. What can we learn from the number "13%" mentioned in the survey?

- A. Dementia is unavoidable with aging.
- B. MCI is common among non-exercisers.
- C. Exercising mainly on weekends also works.
- D. Men experience more memory loss than women.

15. Which statement can be used to describe the research findings?

- A. The early bird catches the worm.
- B. Quantity matters more than quality in exercise.
- C. The more you exercise the healthier you will be.
- D. Hitting the gym is beneficial, whenever you do it.

## 第二节 (共 5 小题; 每小题 2.5 分, 满分 12.5 分)

阅读下面短文, 从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

Art can change communities in small but powerful ways. In Brazil, one of the most popular forms of self-expression is street art. The walls in cities like São Paulo are covered in all different styles of street and graffiti (涂鸦) art. In 2009, the Brazilian government made street and graffiti art legal, as long as artists had permission from the owners of the buildings. 16 Nearly 25 miles of a subway line is covered with street art. Now, tourists throughout the world travel to see Brazil's colorful streets.

17 Otavio Pandolfo and Gustavo Pandolfo are local twins who both have a talent for street art. They started off breakdancing and soon became inspired by American hip-hop. They combine Brazilian culture and American hip-hop in their art, with brilliant colors frequently used. 18.

Although many Brazilian street artists are male, some women have made names for themselves. Nina Pandolfo is one of these women. She uses plastic, spray paint, and other materials to create portraits (肖像) of women. 19 She wants to remind people that the small details in life can sometimes be the most beautiful.

20 In Brazil, there are many nonprofits that teach graffiti techniques to young children. Through these lessons, children learn about Brazilian culture, improve their writing skills, and contribute to their community. The Brazilian street art movement continues to grow and be a popular form of self-expression.

- A. How can we support local street artists?
- B. These women have large eyes and expressive faces.
- C. So their works often include paintings of bright yellow figures.
- D. Who are some of these artists that change Brazilian streets?
- E. These artists play a significant role in the global street art movement.
- F. This law made it much easier for artists to use their talents around the city.
- G. Artists from around the world promote street art as a way to uplift communities.

## 第三部分 语言知识运用 (共三节, 满分 40 分)

## 第一节 完形填空 (共 15 小题; 每题 1 分, 满分 15 分)

阅读下面短文, 从每题所给的 A、B、C、D 四个选项中, 选出可以填入空白处的最佳选项。

After moving to a new city, I joined a nearby gym. I'd always loved Zumba, which led me to 21 a Zumba teaching certificate (证书). But there was no 22 I was going to walk into a Zumba class. Everyone there looked like professional dancers. Certainly, most were nowhere near my 23 — well over 200 pounds.

Weeks later, I thought long and 24 about my inaction. Finally I gathered the courage to take the Zumba class — and that courage really 25. Not only did I find the strength to dance, but I also made friends with four other regulars.

After seven months, however, our instructor 26 without notice. The manager said Zumba would be cancelled indefinitely (无限期地) until she could find a (n) 27.

With a certificate sitting unused, I 28 with my dance partners I'd teach the class so we could keep having 29. They took my words 30. With 31 from my friends, I handed in an application to the manager and got an interview.

I walked into my interview feeling 32 about the routine, but still unsure about my physical 33. Then a little voice in my head started saying, "Just have fun and dance like crazy." I danced and showed the manager why she couldn't 34 the opportunity to hire me.

Needless to say, I got the job right there. The same woman who had been too embarrassed to 35 class would now be teaching others!

- |                    |               |              |                |
|--------------------|---------------|--------------|----------------|
| 21. A. design      | B. deserve    | C. present   | D. get         |
| 22. A. way         | B. doubt      | C. reason    | D. evidence    |
| 23. A. height      | B. size       | C. age       | D. style       |
| 24. A. mostly      | B. hard       | C. far       | D. hardly      |
| 25. A. took off    | B. pulled off | C. paid off  | D. went off    |
| 26. A. quit        | B. changed    | C. failed    | D. escaped     |
| 27. A. participant | B. applicant  | C. expert    | D. replacement |
| 28. A. agreed      | B. debated    | C. joked     | D. confirmed   |
| 29. A. time        | B. fun        | C. luck      | D. freedom     |
| 30. A. seriously   | B. blindly    | C. correctly | D. personally  |
| 31. A. warning     | B. persuasion | C. respect   | D. protection  |
| 32. A. nervous     | B. curious    | C. confident | D. confused    |
| 33. A. health      | B. ability    | C. energy    | D. appearance  |
| 34. A. give up     | B. open up    | C. hold onto | D. give in     |
| 35. A. offer       | B. miss       | C. attend    | D. address     |

## 第二节 语法填空 (共 10 小题; 每小题 1 分, 满分 10 分)

阅读下面材料, 在空白处填入 1 个适当的单词或括号内单词的正确形式。

Following its recent release in Singapore, the popular period drama *Wild Ambition Bloom* (灼灼韶华), \_\_\_\_\_ 36 \_\_\_\_\_ centers on traditional Chinese medicine, is set to expand into more international markets, as announced at a recent press conference in Beijing.

The 38-episode series \_\_\_\_\_ 37 \_\_\_\_\_ (star) actress Rayzha Alimjan, features Chu Shaohua, the daughter of a herbal medicine merchant. Set between the years of 1916 and 1937, the drama follows Chu's journey as she overcomes challenges to become a \_\_\_\_\_ 38 \_\_\_\_\_ (fantasy) business figure.

The drama has broken several ratings records and has also been \_\_\_\_\_ 39 \_\_\_\_\_ success online, generating 1.03 billion \_\_\_\_\_ 40 \_\_\_\_\_ (view) in total. Wang Jin, the drama's chief producer, said that the crew consulted many historical documents and materials to recreate the Shanghai of a century ago, \_\_\_\_\_ 41 \_\_\_\_\_ (include) its department stores and streets. He also revealed that the project took 150 days to shoot, with an \_\_\_\_\_ 42 \_\_\_\_\_ (addition) five months devoted to editing and post-production.

Director Yu Ding said he hopes the audience will see the leading actress not as perfect, but as an ordinary person shaped by her scars (伤疤). \_\_\_\_\_ 43 \_\_\_\_\_ she is sometimes self-interested, and even subject to errors in business battles, she constantly regards honesty \_\_\_\_\_ 44 \_\_\_\_\_ her bottom line, relying on her own \_\_\_\_\_ 45 \_\_\_\_\_ (wise) to wander and then make her name in a male-centered business world.

## 第三节 单词填空 (共 10 小题; 每小题 1.5 分, 满分 15 分)

阅读下列各句, 根据汉语或首字母, 在空白处填入 1 个适当的单词。

46. To fully realize your p \_\_\_\_\_, it's important for you to make the most of our school resources. (根据首字母单词拼写)

47. A horrible typhoon hit the area and caused a power f \_\_\_\_\_, which left everything in darkness. (根据首字母单词拼写)

48. It is normal for teenagers to be s \_\_\_\_\_ overweight and they needn't worry about it. (根据首字母单词拼写)

49. D \_\_\_\_\_ clear evidence from road safety studies, no new measures have been introduced. (根据首字母单词拼写)

50. Drawing on his own experiences, Cao Xueqin gives a detailed d \_\_\_\_\_ of what life was like in 18th-century China. (根据首字母单词拼写)

51. Tai Chi has a huge effect on me both physically and mentally, which has inspired me to \_\_\_\_\_ (探索) the Chinese culture behind it. (根据汉语提示单词拼写)

52. Hundreds of guests, all dressed up in \_\_\_\_\_ (正式的), colorful clothes, attended the grand wedding ceremony. (根据汉语提示单词拼写)

53. The game in Shanghai attracted over 500 athletes \_\_\_\_\_ (代表) eight different countries. (根据汉语提示单词拼写)

54. Through our own development, we are sure to make greater \_\_\_\_\_ (贡献) to world peace and development. (根据汉语提示单词拼写)

55. Our \_\_\_\_\_ (起初的) plan was to see a film at the cinema that afternoon, but it was cancelled. (根据汉语提示单词拼写)



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## 参考答案

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- D. Fashion Club.

**【答案】** 1. D    2. D    3. B

#### **【解析】**

**【导语】**这是一篇说明文。文章介绍了校园里四个特色俱乐部, 分别讲解各俱乐部的创办目的、核心活动及能为学生提供的能力培养和实践机会。

#### **【1 题详解】**

细节理解题。根据 New Media Academy (NMA) Club 部分 “NMA Club is an opportunity for not only NMA students but everyone on campus to understand film animation (动画制作) and editing. We film events and do lots of coverage so that we can have memories for years to come. NMA Club welcomes all students who desire to become skilled film-makers and animators.(NMA 社团为 NMA 学子及全校师生搭建了了解影视动画制作与剪辑的平台。我们拍摄各类校园活动、制作丰富的影像素材, 为校园生活留存经久的美好回忆。本社团诚挚欢迎所有渴望成为专业影视创作者与动画师的同学加入。)”可知, NMA 俱乐部最适合对动画制作感兴趣的学生。故选 D 项。

#### **【2 题详解】**

细节理解题。根据 Music Club 部分 “It aims to provide an ideal environment for students to develop creativity.(它旨在为学生提供一个培养创造力的理想环境。)”可知, 音乐俱乐部为学生提供了培养创造力的平台。故选 D 项。

#### **【3 题详解】**



些堆满无主衣物的货架上费力挑选，而现在，有需要衣物的年轻女孩和妇女们可以在快闪店的第三层货架上挑选到经过修复、熨烫甚至全新包装的衣物。购物者们得到了乔乔和布鲁克以及自愿参与的私人造型师们的帮助)”可知，SheStyles 的服务给予接受者应有的尊重。故选 C。

## 【6 题详解】

细节理解题。根据第三段 “We understand what it’s like to be a teen girl and how clothing can play a big part in her self-confidence.(我们深知身为少女的内心感受，也明白服装在她自信形成过程中所起的重要作用)”可知，这对姐妹创办这个慈善机构是因为她们认为衣物能够对少女们的生活产生积极影响。故选 D。

## 【7 题详解】

推理判断题。根据第二段 “Instead of picking through piles of those unwanted, young girls and women in need of clothing can now look through restored, pressed and even new clothes on the third shelf at pop-up shops. The shoppers get assistance from JoJo and Brooke and from personal stylists who’ve volunteered.(以往人们只能在那堆满无主衣物的货架上费力挑选，而现在，有需要衣物的年轻女孩和妇女们可以在快闪店的第三层货架上挑选到经过修复、熨烫甚至全新包装的衣物。购物者们得到了乔乔和布鲁克以及自愿参与的私人造型师们的帮助)”可知，姐妹俩无偿为困境中的少女提供衣物，关注她们的自尊与自信，用心打造有温度的慈善服务，充分体现了她们热心肠、有爱心的品质。故选 A。

## C

The first low-altitude (低空) airway connecting Kunshan in East China’s Jiangsu Province with downtown Shanghai officially opened on Monday, enabling “direct air access” across provincial-level regions, over the Yangtze River and into the city center in just 20 minutes.

The “Kunshan-Yangpu” helicopter (直升机) service marks the first intercity low-altitude airway reaching downtown Shanghai, offering rapid aerial access and creating a new travel model that combines public transportation, sightseeing and transfers (换乘).

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The plan visualizes Shanghai as a leading center for novelty, application and operational services in the low-altitude economy, with the industry worth expected to top 50 billion yuan, positioning the city at the forefront of global novelty in this aspect, said the action plan.

Luo pointed out that the development of the low-altitude economy still faces some challenges at present. “However, even with these difficulties, the direction is clear and the future is promising,” he said.

8. What sets “Kunshan-Yangpu” airway apart from other low-altitude ones?

- A. Its flight speed.                      B. Its development.                      C. Its night service.                      D. Its action plan.

9. What does the underlined word “fostering” in Paragraph 5 refer to?

- A. Promoting.                              B. Studying.                              C. Controlling.                              D. Recovering.

10. What is Luo Jun’s attitude towards low-altitude economy?

- A. Concerned.                              B. Positive.                              C. Negative.                              D. Doubtful.

11. What can be a suitable title for this text?

- A. Low-altitude economy helps Shanghai make profits  
B. First low-altitude airway to Shanghai starts operation  
C. New airlines improve the convenience of transportation  
D. A plan for fostering low-altitude economy was announced

【答案】8. C    9. A    10. B    11. B

## 【解析】

【导语】这是一篇新闻报道。主要说明了江苏昆山至上海杨浦的首条城际低空直升机航线开通，全程仅 20 分钟，支持夜间飞行。上海正大力发展低空经济，虽面临挑战，但前景向好。

## 【8 题详解】

细节理解题。根据第四段 “Unlike other low-altitude airways, a highlight of this service is its support for “night flights”.(与其他低空航线不同，这项服务的一大亮点在于其对 “夜间航班” 的支持)”可知，这条航线区别于其他低空航线的亮点是支持夜间飞行，故选 C。

## 【9 题详解】

词句猜测题。根据划线词所在句“an action plan for fostering local low-altitude economy”以及后文“the city aims to build by 2027 a complete industrial system covering research, development, design and airworthiness testing of new low-altitude aircrafts.(该市计划在 2027 年前建立起涵盖新低空飞机的研发、设计以及适航测试的完整产业体系)”可知，这是推动、促进当地低空经济发展的行动计划。故划线词意思是“促进”。故选 A。

## 【10 题详解】

推理判断题。根据最后一段“However, even with these difficulties, the direction is clear and the future is promising(然而，即便存在这些困难，方向却是明确的，未来也是充满希望的)”可知，罗军对低空经济持积极态度。故选 B。

## 【11 题详解】

主旨大意题。根据第一段“The first low-altitude (低空) airway connecting Kunshan in East China’s Jiangsu Province with downtown Shanghai officially opened on Monday, enabling “direct air access” across provincial-level regions, over the Yangtze River and into the city center in just 20 minutes.(周一，连接中国东部江苏省昆山市与上海市中心的首条低空航线正式开通，这一航线实现了跨越省级行政区、跨越长江并在短短 20 分钟内直达市中心的“直飞空中通道”)”结合文章主要说明了江苏昆山至上海杨浦的首条城际低空直升机航线开通，全程仅 20 分钟，支持夜间飞行。上海正大力发展低空经济，虽面临挑战，但前景向好。可知，B 选项“第一条通往上海的低空航线已开始运营”最符合文章标题。故选 B。

## D

Hit the gym, even if it’s for just two days. Limiting workouts to weekends does not mean you will be missing out on the cognitive (认知的) benefits. New research reveals that “weekend warriors (战士)” enjoy cognitive benefits comparable to regular gym goers. The term “weekend warrior” describes a pattern of physical activity limited to just one or two tough training periods per week.

Recent findings published in the British Journal of Sports Medicine offer a more convenient target for those with busy schedules. They suggest that weekend warrior workouts can reduce the risk of mild dementia (痴呆), with similar results to regular exercise.

Researchers based their findings on two surveys of more than 10,000 adults from the Mexico City Prospective Study. The study subjects had an average age of 51. The questionnaires examined whether subjects exercised or played sports, as well as the frequency: how many days per week and for how many minutes. Based on their responses, subjects were divided into groups: those who did not exercise, “weekend warriors”, those regularly active three or more times per week, and a combined group of weekend warriors and regularly active exercising.

During the second survey, subjects’ cognitive drop was also assessed using the Mini-Mental State Exam (MMSE), with a total score of 30. When mild cognitive impairment (损伤) (MCI) was set as an MMSE score of 23 or below, 2,856 cases were found. “Compared with the non-exercisers, weekend warriors were 13% less likely to develop MCI, while the regularly active and those in the combined group were 12% less likely to do so. The results were similar for both men and women,” a researcher stated.

This means that 13% of mild dementia cases might be avoided if all middle-aged adults exercised at least once or twice a week. The researchers suggest their findings are important for public health because the weekend warrior physical activity pattern may be a more convenient option for busy people.

12. How are subjects mainly grouped in the study?

- A. By age. B. By health condition.  
C. By sport type. D. By exercise frequency.

13. What is the purpose of Paragraphs 3 and 4?

- A. To introduce MMSE and MCI.  
B. To entertain readers with stories about the subjects.  
C. To describe the process and the results of the research.  
D. To persuade readers to adopt a specific exercise pattern.

14. What can we learn from the number “13%” mentioned in the survey?

- A. Dementia is unavoidable with aging.  
B. MCI is common among non-exercisers.  
C. Exercising mainly on weekends also works.  
D. Men experience more memory loss than women.

15. Which statement can be used to describe the research findings?

- A. The early bird catches the worm.  
B. Quantity matters more than quality in exercise.

- C. The more you exercise, the healthier you will be.  
D. Hitting the gym is beneficial, whenever you do it.

【答案】12. D 13. C 14. C 15. D

【解析】

【导语】这是一篇说明文。研究发现周末健身者的认知益处与规律健身者相当，周末锻炼能降低轻度认知损伤风险，该模式对忙碌人群更易实现，具有重要公共卫生意义。

【12 题详解】

细节理解题。根据第三段 “The questionnaires examined whether subjects exercised or played sports, as well as the frequency: how many days per week and for how many minutes. Based on their responses, subjects were divided into groups: those who did not exercise, “weekend warriors”, those regularly active three or more times per week, and a combined group of weekend warriors and regularly active exercising.(这些调查问卷统计了受试者是否进行锻炼或体育运动，以及运动频率——每周锻炼几天、每次时长多少分钟。研究人员根据受试者的回答将其分组：不锻炼组、“周末健身族”组、每周规律运动三次及以上的组别，还有周末健身族与规律运动者合并的组别。)”可知，研究主要根据锻炼频率对受试者进行分组。故选 D 项。

【13 题详解】

推理判断题。根据第三段 “Researchers based their findings on two surveys of more than 10,000 adults from the Mexico City Prospective Study. The study subjects had an average age of 51.(研究人员的结论基于墨西哥城前瞻性研究中对一万多名成年人开展的两项调查，该研究的受试者平均年龄为 51 岁。)”和第四段 “During the second survey, subjects’ cognitive drop was also assessed using the Mini-Mental State Exam (MMSE), with a total score of 30. When mild cognitive impairment (损伤) (MCI) was set as an MMSE score of 23 or below, 2,856 cases were found.(在第二次调查中，研究人员采用简易精神状态检查量表 (MMSE，满分为 30 分) 对受试者的认知能力下降情况进行了评估。当将轻度认知障碍 (MCI) 的判定标准设定为该量表得分  $\leq 23$  分时，共发现 2856 例相关病例。)”可知，第三、四段分别介绍了研究的实施过程和具体研究结果。故选 C 项。

【14 题详解】

推理判断题。根据第四段 “Compared with the non-exercisers, weekend warriors were 13% less likely to develop MCI, while the regularly active and those in the combined group were 12% less likely to do so.(与不锻炼的受试者相比，周末健身族患上轻度认知障碍的风险降低 13%，而规律运动者和合并组受试者的患病风险则降低 12%。)”可知，数字 13% 表明主要在周末锻炼也能起到预防轻度认知损伤的作用。故选 C 项。

【15 题详解】

推理判断题。根据第一段 “New research reveals that “weekend warriors (战士)” enjoy cognitive benefits comparable to regular gym goers.(新研究发现，“周末健身者”获得的认知益处与经常去健身房的人相当。)”和第四段周末健身者与规律锻炼者患 MCI 的概率降幅相近的研究结果可知，研究发现的核心是无论何时健身，去健身房锻炼都对身体有益。故选 D 项。

## 第二节 (共 5 小题；每小题 2.5 分，满分 12.5 分)

阅读下面短文，从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

Art can change communities in small but powerful ways. In Brazil, one of the most popular forms of self-expression is street art. The walls in cities like São Paulo are covered in all different styles of street and graffiti (涂鸦) art. In 2009, the Brazilian government made street and graffiti art legal, as long as artists had permission from the owners of the buildings. 16 Nearly 25 miles of a subway line is covered with street art. Now, tourists throughout the world travel to see Brazil’s colorful streets.

17 Otavio Pandolfo and Gustavo Pandolfo are local twins who both have a talent for street art. They started off breakdancing and soon became inspired by American hip-hop. They combine Brazilian culture and American hip-hop in their art, with brilliant colors frequently used. 18

Although many Brazilian street artists are male, some women have made names for themselves. Nina Pandolfo is one of these women. She uses plastic, spray paint, and other materials to create portraits (肖像) of women. 19 She wants to remind people that the small details in life can sometimes be the most beautiful.

20 In Brazil, there are many nonprofits that teach graffiti techniques to young children. Through these lessons, children learn about Brazilian culture, improve their writing skills, and contribute to their community. The Brazilian street art movement continues to grow and be a popular form of self-expression.

- A. How can we support local street artists?  
B. These women have large eyes and expressive faces.  
C. So their works often include paintings of bright yellow figures.  
D. Who are some of these artists that change Brazilian streets?

- E. These artists play a significant role in the global street art movement.  
 F. This law made it much easier for artists to use their talents around the city.  
 G. Artists from around the world promote street art as a way to uplift communities.

【答案】16. F 17. D 18. C 19. B 20. G

【解析】

【导语】这是一篇说明文。本文介绍巴西将街头艺术合法化后其蓬勃发展，介绍了几位代表性街头艺术家的创作特色，并讲述当地对街头艺术的传承与推广。

【16 题详解】

由上文 “In 2009, the Brazilian government made street and graffiti art legal, as long as artists had permission from the owners of the buildings.(2009 年，巴西政府将街头艺术和涂鸦艺术合法化，只要艺术家获得建筑所有者的许可即可创作。)” 和下文 “Nearly 25 miles of a subway line is covered with street art. Now, tourists throughout the world travel to see Brazil’s colorful streets.(有近 25 英里的地铁线路被街头艺术覆盖，如今世界各地的游客都慕名前来观赏巴西色彩斑斓的街道。)” 可知，空格处需说明这项法律带来的实际影响，衔接法律出台与街头艺术的发展。F 项 “This law made it much easier for artists to use their talents around the city.(这项法律让艺术家们在城市各处施展才华变得容易得多。)” 符合语境，“This law” 指代前文巴西政府的合法化政策，该句点明法律的作用，且能解释后文街头艺术大量涌现的原因，逻辑连贯。故选 F 项。

【17 题详解】

由下文 “Otavio Pandolfo and Gustavo Pandolfo are local twins who both have a talent for street art. They started off breakdancing and soon became inspired by American hip-hop. They combine Brazilian culture and American hip-hop in their art, with brilliant colors frequently used.(奥塔维奥·潘多尔福与古斯塔沃·潘多尔福是当地的一对双胞胎，二人都拥有街头艺术的天赋。兄弟俩最初从霹雳舞起步，不久便受到美国嘻哈文化的启发。他们将巴西本土文化与美国嘻哈文化融入自己的艺术创作中，作品中也常运用绚丽的色彩。)” 可知，空格处需作为过渡句，引出下文介绍的巴西街头艺术家，起到总起作用。D 项 “Who are some of these artists that change Brazilian streets?(那些改变巴西街道风貌的艺术家都有谁呢?)” 符合语境，该句以设问的方式引出后文对具体艺术家的介绍，衔接前文巴西街头艺术的发展与后文的人物介绍，逻辑清晰。故选 D 项。

【18 题详解】

由上文 “They combine Brazilian culture and American hip-hop in their art, with brilliant colors frequently used.(他们将巴西文化和美国嘻哈文化融入艺术创作，还经常使用鲜艳的色彩。)” 可知，空格处需承接前文的创作特点，说明其作品的具体表现。C 项 “So their works often include paintings of bright yellow figures.(因此他们的作品中经常出现明黄色的人物画作。)” 符合语境，“So” 表因果，承接前文 “使用鲜艳色彩” 的特点，“bright yellow figures” 是对 “brilliant colors” 的具体举例，与前文创作风格相呼应，逻辑连贯。故选 C 项。

【19 题详解】

由上文 “She uses plastic, spray paint, and other materials to create portraits (肖像) of women.(她用塑料、喷漆和其他材料创作女性肖像。)” 和下文 “She wants to remind people that the small details in life can sometimes be the most beautiful.(她想提醒人们，生活中的小细节有时可能是最美的。)” 可知，空格处需描述她创作的女性肖像的特点，衔接创作形式与创作初衷。B 项 “These women have large eyes and expressive faces.(这些女性形象有着大大的眼睛和富有神情的脸庞。)” 符合语境，“These women” 指代前文的 “portraits of women”，该句具体描绘肖像的细节，契合后文 “关注生活小细节” 的创作初衷，逻辑清晰。故选 B 项。

【20 题详解】

由下文 “In Brazil, there are many nonprofits that teach graffiti techniques to young children. Through these lessons, children learn about Brazilian culture, improve their writing skills, and contribute to their community.(在巴西，有许多非营利组织向儿童传授涂鸦技巧，孩子们通过这些课程了解巴西文化、提升书写能力，并为社区做贡献。)” 可知，空格处需点明街头艺术的社会价值，衔接前文艺术家介绍与后文的艺术传承。G 项 “Artists from around the world promote street art as a way to uplift communities.(世界各地的艺术家都推崇将街头艺术作为振兴社区的一种方式。)” 符合语境，该句总述街头艺术对社区的积极作用，后文巴西的非营利组织教学案例正是对这一观点的具体印证，逻辑连贯。故选 G 项。

### 第三部分 语言知识运用 (共三节，满分 40 分)

#### 第一节 完形填空 (共 15 小题；每题 1 分，满分 15 分)

阅读下面短文，从每题所给的 A、B、C、D 四个选项中，选出可以填入空白处的最佳选项。

After moving to a new city, I joined a nearby gym. I’d always loved Zumba, which led me to 21 a Zumba teaching certificate (证书). But there was no 22 I was going to walk into a Zumba class.

Everyone there looked like professional dancers. Certainly, most were nowhere near my 23 — well over 200 pounds.

Weeks later, I thought long and 24 about my inaction. Finally I gathered the courage to take the Zumba class — and that courage really 25. Not only did I find the strength to dance, but I also made friends with four other regulars.

After seven months, however, our instructor 26 without notice. The manager said Zumba would be cancelled indefinitely (无限期地) until she could find a (n) 27.

With a certificate sitting unused, I 28 with my dance partners I'd teach the class so we could keep having 29. They took my words 30. With 31 from my friends, I handed in an application to the manager and got an interview.

I walked into my interview feeling 32 about the routine, but still unsure about my physical 33. Then a little voice in my head started saying, "Just have fun and dance like crazy." I danced and showed the manager why she couldn't 34 the opportunity to hire me.

Needless to say, I got the job right there. The same woman who had been too embarrassed to 35 class would now be teaching others!

- |                    |               |              |                |
|--------------------|---------------|--------------|----------------|
| 21. A. design      | B. deserve    | C. present   | D. get         |
| 22. A. way         | B. doubt      | C. reason    | D. evidence    |
| 23. A. height      | B. size       | C. age       | D. style       |
| 24. A. mostly      | B. hard       | C. far       | D. hardly      |
| 25. A. took off    | B. pulled off | C. paid off  | D. went off    |
| 26. A. quit        | B. changed    | C. failed    | D. escaped     |
| 27. A. participant | B. applicant  | C. expert    | D. replacement |
| 28. A. agreed      | B. debated    | C. joked     | D. confirmed   |
| 29. A. time        | B. fun        | C. luck      | D. freedom     |
| 30. A. seriously   | B. blindly    | C. correctly | D. personally  |
| 31. A. warning     | B. persuasion | C. respect   | D. protection  |
| 32. A. nervous     | B. curious    | C. confident | D. confused    |
| 33. A. health      | B. ability    | C. energy    | D. appearance  |
| 34. A. give up     | B. open up    | C. hold onto | D. give in     |
| 35. A. offer       | B. miss       | C. attend    | D. address     |

【答案】 21. D    22. A    23. B    24. B    25. C    26. A    27. D    28. C    29. B    30. A  
31. B    32. C    33. D    34. A    35. C

【解析】

【导语】这是一篇记叙文。讲述了作者迁居后获尊巴证书却因体型不敢上课，鼓足勇气参与后结识好友，教练突然辞职课程将取消，她在朋友劝说下应聘授课并成功，完成了从不敢上课到教课的蜕变。

【21 题详解】

考查动词词义辨析。句意：我一直都喜欢尊巴健身操，这促使我考取了尊巴健身操的教学证书。A. design 设计；B. deserve 值得；C. present 赠送；D. get 获得。根据后文“be teaching others”可知，作者获得了尊巴健身操的教学证书。故选 D。

【22 题详解】

考查名词词义辨析。句意：但我绝对不可能去参加那种动感舞蹈课程。A. way 方法；B. doubt 怀疑；C. reason 理由；D. evidence 证据。根据上文“Everyone there looked like professional dancers.”可知，看到大家像专业舞者，“根本不可能”走进课堂，no way 是固定搭配，表“绝不、不可能”。故选 A。

【23 题详解】

考查名词词义辨析。句意：当然，他们大多数人的体型跟我截然不同——体重远远超过 200 磅。A. height 身高；B. size 尺寸，体型；C. age 年纪；D. style 风格。破折号后“well over 200 pounds(体重远超 200 磅)”是对空格的解释，指“体型、身材”。故选 B。

【24 题详解】

考查副词词义辨析。句意：几周之后，我反复思考自己当初的犹豫不决之举。A. mostly 多半；B. hard 困难地；C. far 远地；D. hardly 几乎不。根据上文“Weeks later, I thought long and”可知，作者数周后对自己的“不作为”进行深思熟虑，think long and hard 是固定短语，表“反复认真思考”。故选 B。

【25 题详解】

考查动词短语辨析。句意：最终，我鼓起勇气报名参加了尊巴舞课程——而这份勇气确实有了回报。A. took off 起飞；B. pulled off 成功完成；C. paid off 取得成功；D. went off 爆炸。根据后文“Not only did I find the strength to dance, but I also made friends with four other regulars.”可知，作者鼓起勇气上课，这份勇气最终

有了回报——不仅敢跳舞还交到朋友。故选 C。

**【26 题详解】**

考查动词词义辨析。句意：然而，七个月后，我们的教练突然毫无预兆地辞职了。A. quit 辞职；B. changed 改变；C. failed 失败；D. escaped 逃走。根据后文“Zumba would be cancelled indefinitely”提到尊巴课无限期取消，原因是教练突然辞职。故选 A。

**【27 题详解】**

考查名词词义辨析。句意：经理表示，尊巴课程将无限期停办，直到她能找到一位接替者为止。A. participant 参与者；B. applicant 申请人；C. expert 专家；D. replacement 取代。根据上文“Zumba would be cancelled indefinitely until she could find”可知，教练辞职后，经理要找接替者才会恢复课程。故选 D。

**【28 题详解】**

考查动词词义辨析。句意：证书一直未被使用，我便跟我的舞伴们开玩笑说：“我要去给这个班上课，这样我们就能继续享受跳舞的乐趣了。”A. agreed 同意；B. debated 辩论；C. joked 开玩笑；D. confirmed 确认。根据后文“with my dance partners I'd teach the class”可知，自己有证书却没用，一开始是和舞伴开玩笑说要自己教课（并非正式决定）。故选 C。

**【29 题详解】**

考查名词词义辨析。句意：证书一直未被使用，我便跟我的舞伴们开玩笑说：“我要去给这个班上课，这样我们就能继续享受跳舞的乐趣了。”A. time 时间；B. fun 乐趣；C. luck 运气；D. freedom 自由。根据上文“I'd teach the class so we could keep having”可知，大家跳尊巴是为了享受乐趣，have fun 是固定搭配。故选 B。

**【30 题详解】**

考查副词词义辨析。句意：他们认真地对待了我的话。A. seriously 严肃地，认真地；B. blindly 盲目地；C. correctly 正确地；D. personally 亲自。根据后文“With \_\_\_\_\_ from my friends, I handed in an application to the manager and got an interview.”可知，舞伴把作者的玩笑当真了，劝说作者去上课，短语 take sth. seriously 表“认真对待某事”。故选 A。

**【31 题详解】**

考查名词词义辨析。句意：在朋友们的劝说下，我向经理递交了申请，并获得了面试的机会。A. warning 警告；B. persuasion 劝说，说服；C. respect 尊重；D. protection 保护。根据后文“from my friends, I handed in an application”可知，在朋友的劝说下，作者才正式提交申请。故选 B。

**【32 题详解】**

考查形容词词义辨析。句意：我走进面试现场时，对自己的准备工作充满信心，但对自身的身体状况仍有些不确定。A. nervous 紧张的；B. curious 好奇的；C. confident 自信的；D. confused 困惑的。根据后文“but still unsure about my physical”可知，面试时，对尊巴的动作流程是有信心的，后文 but 转折“对自身能力仍不确定”，形成对比。故选 C。

**【33 题详解】**

考查名词词义辨析。句意：我走进面试现场时，对自己的准备工作充满信心，但对自身的身体状况仍有些不确定。A. health 健康；B. ability 能力；C. energy 精力；D. appearance 外貌。结合前文“well over 200 pounds”提到自己体型偏胖的背景，对自己的身体外貌没把握。故选 D。

**【34 题详解】**

考查动词短语辨析。句意：我翩翩起舞，向经理证明了她不能放弃录用我的机会。A. give up 放弃；B. open up 开放；C. hold onto 保持；D. give in 屈服。根据上文“I danced and showed the manager why she couldn't”可知，作者用舞蹈向经理证明，她不能放弃雇佣自己的机会。故选 A。

**【35 题详解】**

考查动词词义辨析。句意：那个之前因羞怯而不敢来上课的女人，如今却要去教导别人了！A. offer 提议；B. miss 错过；C. attend 参加；D. address 解决。根据上文“Finally I gathered the courage to take the Zumba class”可知，首尾呼应，从前因尴尬而不敢参加尊巴课，现在却要教别人，表示上课用动词 attend。故选 C。

## 第二节 语法填空 (共 10 小题；每小题 1 分，满分 10 分)

阅读下面材料，在空白处填入 1 个适当的单词或括号内单词的正确形式。

Following its recent release in Singapore, the popular period drama *Wild Ambition Bloom* (灼灼韶华), \_\_\_\_\_ 36 \_\_\_\_\_ centers on traditional Chinese medicine, is set to expand into more international markets, as announced at a recent press conference in Beijing.

The 38-episode series \_\_\_\_\_ 37 \_\_\_\_\_ (star) actress Rayzha Alimjan, features Chu Shaohua, the daughter of a herbal medicine merchant. Set between the years of 1916 and 1937, the drama follows Chu's journey as she

overcomes challenges to become a 38 (fantasy) business figure.

The drama has broken several ratings records and has also been 39 success online, generating 1.03 billion 40 (view) in total. Wang Jin, the drama's chief producer, said that the crew consulted many historical documents and materials to recreate the Shanghai of a century ago, 41 (include) its department stores and streets. He also revealed that the project took 150 days to shoot, with an 42 (addition) five months devoted to editing and post-production.

Director Yu Ding said he hopes the audience will see the leading actress not as perfect, but as an ordinary person shaped by her scars (伤疤). 43 she is sometimes self-interested, and even subject to errors in business battles, she constantly regards honesty 44 her bottom line, relying on her own 45 (wise) to wander and then make her name in a male-centered business world.

【答案】36. which

37. starring

38. fantastic

39. a 40. views

41. including

42. additional

43. Although##Though##While

44. as 45. wisdom

【解析】

【导语】这是一篇说明文。主要说明了国产剧《灼灼韶华》将进军更多国际市场，该剧以中医为核心，由热依扎主演，收视与播放量双丰收，制作精良，塑造了有血有肉、坚守诚信的女性商战形象。

【36题详解】

考查定语从句。句意：继近期在新加坡上映之后，这部以传统中医为题材的热门古装剧《灼灼韶华》计划进军更多国际市场。这一消息是在北京最近的一次新闻发布会上宣布的。此处为非限制性定语从句，先行词是 *Wild Ambition Bloom*（这部剧），指物，关系词从句中缺少主语，故填 *which*。

【37题详解】

考查非谓语动词。句意：这部由热依扎主演的38集电视剧，讲述了药商之女楚韶华的故事。此处 *start* 与 *The 38-episode series* 构成主动关系，故用现在分词作定语。故填 *starring*。

【38题详解】

考查形容词。句意：这部剧的时间跨度为1916年至1937年，讲述了楚在克服重重困难后成为一位杰出商业人物的历程。修饰名词 *figure* 用形容词 *fantastic*。故填 *fantastic*。

【39题详解】

考查冠词。句意：这部剧打破了多项收视率纪录，并且在网络上也大获成功，总播放量达到了10.3亿次。此处 *success* 为泛指，且是发音以辅音音素开头的单词。故填 *a*。

【40题详解】

考查名词的数。句意：这部剧打破了多项收视率纪录，并且在网络上也大获成功，总播放量达到了10.3亿次。根据上文 *1.03 billion* 可知为复数。故填 *views*。

【41题详解】

考查介词。句意：该剧总制片人王锦表示，为重现百年前的上海风貌，包括当时的百货公司与街道，剧组查阅了大量历史文献和资料。后跟名词作宾语，表示“包括”用介词 *including*。故填 *including*。

【42题详解】

考查形容词。句意：他还透露，该项目的拍摄耗时150天，另外还有5个月用于剪辑和后期制作。修饰名词 *months* 用形容词 *additional*。故填 *additional*。

【43题详解】

考查状语从句。句意：尽管她有时会自私自利，甚至在商业竞争中也会出现失误，但她始终将诚实视为自己的底线，凭借自己的智慧摸索前行，最终在以男性为主导的商业世界中崭露头角。引导让步状语从句，表示“虽然”可用 *although*、*though* 或 *while*，首字母大写。故填 *Although/Though/While*。

【44题详解】

考查介词。句意：尽管她有时会自私自利，甚至在商业竞争中也会出现失误，但她始终将诚实视为自己的底线，凭借自己的智慧摸索前行，最终在以男性为主导的商业世界中崭露头角。短语 *regard as* 表示“把……视为”。故填 *as*。

【45题详解】

考查名词。句意：尽管她有时会自私自利，甚至在商业竞争中也会出现失误，但她始终将诚实视为自己的底线，凭借自己的智慧摸索前行，最终在以男性为主导的商业世界中崭露头角。作介词的宾语，用名词

wisdom, 不可数。故填 wisdom。

### 第三节 单词填空 (共 10 小题; 每小题 1.5 分, 满分 15 分)

阅读下列各句, 根据汉语或首字母, 在空白处填入 1 个适当的单词。

46. To fully realize your p\_\_\_\_\_, it's important for you to make the most of our school resources. (根据首字母单词拼写)

【答案】potential

【解析】

【详解】考查名词。句意: 要充分发挥你的潜力, 你必须充分利用我们学校的资源。由 it's important for you to make the most of our school resources 可知, 此处表示“要充分发挥你的潜力”, 空格处意为“潜力”, 由首字母提示 p 可知, 是 potential, 是不可数名词, 作宾语。故填 potential。

47. A horrible typhoon hit the area and caused a power f\_\_\_\_\_, which left everything in darkness. (根据首字母单词拼写)

【答案】failure

【解析】

【详解】考查名词。句意: 一场可怕的台风袭击了该地区, 导致停电, 整个地方陷入一片黑暗之中。由 which left everything in darkness 可知, 此处表示“停电”, 由首字母提示 f 可知, 空格处是 failure, power failure 意为“停电”。故填 failure。

48. It is normal for teenagers to be s\_\_\_\_\_ overweight and they needn't worry about it. (根据首字母单词拼写)

【答案】slightly

【解析】

【详解】考查副词。句意: 青少年稍微超重是很正常的, 他们不必为此担心。根据首字母和句意可知, 此空应填副词 slightly, 表“稍微; 略微”, 在句中修饰形容词 overweight, 符合句意。故填 slightly。

49. D\_\_\_\_\_ clear evidence from road safety studies, no new measures have been introduced. (根据首字母单词拼写)

【答案】Despite

【解析】

【详解】考查介词。句意: 尽管道路安全研究有明确的证据, 但目前尚未出台任何新的措施。根据首字母和句意可知, 此空应填介词 despite, 表“尽管; 不管”, 后接名词短语 clear evidence, 符合语境, 且句首时首字母应大写。故填 Despite。

50. Drawing on his own experiences, Cao Xueqin gives a detailed d\_\_\_\_\_ of what life was like in 18th-century China. (根据首字母单词拼写)

【答案】description

【解析】

【详解】考查名词。句意: 曹雪芹借鉴自身经历, 详细描绘了 18 世纪中国的生活样貌。根据首字母和句意可知, 此空应填名词 description, 表“描绘; 描述”, 为可数名词, 前面有不定冠词 a 修饰, 用单数形式; give a detailed description of, 为固定搭配, 意为“详细描述……”, 符合句意。故填 description。

51. Tai Chi has a huge effect on me both physically and mentally, which has inspired me to \_\_\_\_\_ (探索) the Chinese culture behind it. (根据汉语提示单词拼写)

【答案】explore

【解析】

【详解】考查动词。句意: 太极对我的身心都产生了巨大的影响, 这激励我去探索其背后的中国文化。根据句意及汉语提示可知, 此处使用动词 explore, 固定搭配 inspire sb. to do sth. “激励某人做某事”, 空前有 to, explore 使用动词原形。故填 explore。

52. Hundreds of guests, all dressed up in \_\_\_\_\_ (正式的), colorful clothes, attended the grand wedding ceremony. (根据汉语提示单词拼写)

【答案】formal

【解析】

【详解】考查形容词。句意: 数百位宾客身着正式且色彩鲜艳的服装出席了这场盛大的婚礼仪式。表示“正式的”应用形容词 formal, 作修饰 clothes 的定语。故填 formal。

53. The game in Shanghai attracted over 500 athletes \_\_\_\_\_ (代表) eight different countries. (根据汉语提示单词拼写)

【答案】representing

【解析】

【详解】考查非谓语动词。句意：上海这场赛事吸引了代表 8 个不同国家的 500 多名运动员。根据汉语提示“代表”可知，此处用动词 represent，又因此句已有谓语动词 attracted，此处用现在分词形式 representing 作后置定语。故填 representing。

54. Through our own development, we are sure to make greater \_\_\_\_\_ (贡献) to world peace and development. (根据汉语提示单词拼写)

【答案】contributions

【解析】

【详解】考查名词。句意：通过我们自身的努力发展，我们一定能够为世界和平与发展作出更大的贡献。greater 是形容词，修饰名词，“贡献”的名词是 contribution，用复数，作宾语。故填 contributions。

55. Our \_\_\_\_\_ (起初的) plan was to see a film at the cinema that afternoon, but it was cancelled. (根据汉语提示单词拼写)

【答案】original

【解析】

【详解】考查形容词。句意：我们原本计划那天下午去电影院看电影，但后来取消了这个计划。表示“起初的”应用形容词 original，作修饰 plan 的定语。故填 original。

#### 第四部分 写作 (共两节，满分 30 分)

##### 第一节 应用文写作 (满分 15 分)

56. 假如你是李华，你校英文报举行以“My Favorite Sport”为题的征文活动。请你根据以下要点，写一篇英语短文投稿，内容包括：

1. 简要介绍这项运动；2. 喜欢的理由；3. 鼓励参与。

注意：1. 可适当增加细节，以使行文连贯；

2. 词数不少于 80 词。

#### My Favorite Sport

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【答案】

#### My Favourite Sport

Among the various sports, I am especially fascinated by basketball. It is a team sport played with two teams, each consisting of five players. The team that scores the most points wins the game.

The reasons why I am so passionate about it are as follows. Initially, the immense excitement it provides is what I can't resist. Secondly, as a physically demanding sport, it helps me stay fit and energetic when I play it regularly. Last but not least, playing it with my friends makes me realize the valuable life lesson about cooperation with others.

In short, basketball is so attractive a sport that I call on you to participate in it. You will never know what you will gain until you try!

【解析】

【导语】本篇书面表达是一篇征文。要求考生以 My Favorite Sport 为题写一篇短文投稿。

【详解】1. 词汇积累

各种各样的：various→a variety of

帮助：help→assist

吸引人的：attractive→appealing

参加：participate in→get involved in

2. 句式拓展

简单句变复合句

原句：It is a team sport played with two teams, each consisting of five players.

拓展句: It is a team sport with two teams, each of which consists of five players.

【点睛】[高分句型 1] Last but not least, playing it with my friends makes me realize the valuable life lesson about cooperation with others. (运用了动名词 playing 作主语)

[高分句型 2] In short, basketball is so attractive a sport that I call on you to participate in it. (运用了 so...that... 引导结果状语从句)